Brief Communications

Learning-Dependent Structural Plasticity in the Adult Olfactory Pathway

Seth V. Jones, Dennis C. Choi, Michael Davis, and Kerry J. Ressler

Howard Hughes Medical Institute, Department of Psychiatry and Behavioral Sciences, Yerkes National Primate Research Center, Emory University, Atlanta, Georgia 30329

Olfactory learning in humans leads to enhanced perceptual discrimination of odor cues. Examining mouse models of both aversive and appetitive conditioning, we demonstrate a mechanism which may underlie this adult learning phenomenon. Topographically unique spatial wiring of the olfactory system allowed us to demonstrate that emotional learning of odor cues alters the primary sensory representation within the nose and brain of adult mice. Transgenic mice labeled at the M71 odorant receptor (specifically activated by the odorant acetophenone) were behaviorally trained with olfactory-dependent fear conditioning or conditioned place preference using acetophenone. Odor-trained mice had larger M71-specific glomeruli and an increase in M71-specific sensory neurons within the nose compared with mice that were untrained, trained to a non-M71 activating odorant, or had nonassociative pairings of acetophenone. These data indicate that the primary sensory neuron population and its projections may remain plastic in adults, providing a structural mechanism for learning-enhanced olfactory sensitivity and discrimination.

Key words: olfactory; glomerulus; fear; learning; plasticity; learning memory

Introduction

Recent data suggests that olfactory emotional learning alters the perceptual and cortical representations of previously indiscriminable odor cues in humans (Li et al., 2008). Although recent studies have examined olfactory learning and plasticity during development (Kerr and Belluscio, 2006; Marks et al., 2006), how such large sensory changes may occur in adults remains unknown. Furthermore, it raises the question of whether the olfactory piriform cortex is the first site of significant learninginduced synaptic plasticity, or can more early sensory areas also change with learning?

More generally, it has been assumed that long-term memories are mediated by structural changes in the brain, but it has been challenging to demonstrate this hypothesis in complex mammalian brains. There has been some evidence of higher-order synaptic rearrangement following developmental sensory deprivation, motor learning, and song learning (cf. Bailey and Kandel, 1993; Weiler et al., 1995; Knudsen et al., 2000), but not at the level of a primary sensory system and these changes are limited to development. However, the mammalian olfactory system, which is exquisitely organized with regards to its primary sensory receptive field map (Buck and Axel, 1991; Ressler et al., 1994; Mom-

Correspondence should be addressed to Dr. Kerry J. Ressler, Investigator, Howard Hughes Medical Institute, Department of Psychiatry and Behavioral Sciences, Center for Behavioral Neuroscience, Yerkes Research Center, Emory University, 954 Gatewood Drive, Atlanta, GA 30329. E-mail: kressle@emory.edu.

DOI:10.1523/JNEUROSCI.4465-08.2008

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baerts et al., 1996), may remain dynamic beyond the organizational "critical period" typical of other sensory systems. For example, granule cell count in the olfactory bulb can be altered with olfactory enrichment or deprivation (Corotto et al., 1994; Rochefort et al., 2002; Woo et al., 2006).

As a chief component of the olfactory epithelium, olfactory sensory neurons (OSNs) may exhibit a similar experiencedependent regulation. If so, the resultant changes might be seen in both the olfactory epithelium and bulb glomeruli. The M71– IRES–tauLacZ transgenic mouse (Vassalli et al., 2002) provides a powerful approach to visualize the changes within one specific population of OSNs during olfactory exposure and learning. These mice contain *lacZ* which encodes β -galactosidase in neurons which express the M71 odorant receptor. *In vitro*, the M71 receptor has been shown to respond to the odorant acetophenone (Bozza et al., 2002; Hague et al., 2004). Additionally, studies of rat olfactory bulb activity with 2-deoxyglucose (Johnson et al., 2005; Farahbod et al., 2006) have indicated that glomerular activation with acetophenone is localized to olfactory bulb regions containing M71-specific glomeruli.

Previously, our laboratory has effectively performed olfactory-dependent Pavlovian fear conditioning in mice, using acetophenone as an odorant conditioned stimulus paired with shock to create associative memories (Jones et al., 2005, 2007). As a mouse learns the associative relevance of an odor, it is likely that the olfactory system would become attuned to that stimulus. We propose that odor-specific fear learning leads to structurefunction changes in the portions of the olfactory system encoding the odor, but not in portions of the olfactory system encoding unrelated odors. Evidence suggests that during early postnatal development, the olfactory system displays structural and functional plasticity (Mackay-Sim and Kittel, 1991a; Kerr and Bellus-

Received Sept. 17, 2008; revised Oct. 12, 2008; accepted Oct. 18, 2008.

This work was supported by National Institutes of Health (NIH) Grants MH069884, DA019624 (K.J.R.), and R37 MH47840 (M.D.), National Alliance for Research on Schizophrenia and Depression, the Center for Behavioral Neuroscience (National Science Foundation agreement IBN-987675), Burroughs Wellcome Fund, and by NIH Grant P51RR000165 to Yerkes National Primate Research Center.



Figure 1. Increased M71 axon density and glomerular size with fear conditioning. *A*, SR-Lab Response software controls a solenoid switch (red arrows) which allows compressed air to flow through the odorant jar and into the startle chamber. When closed, clean air flows with no difference in airflow. Backflow is prevented by a series of one-way valves (yellow arrows). The odor is removed via an exhaust hose (green arrow) by outflow fan. Shock is generated by a programmable animal shocker and is delivered through the bars in the cage floor. During behavioral testing, startle is elicited by a 105 dB white noise burst. Activity and startle amplitude are measured by a piezoelectronic device beneath the floor of the cage. *B*, Cross-section of an olfactory bulb from a homecage mouse (top left, LacZ; top right, DAPI stain) or from an acetophenone + shock paired mouse (bottom left, LacZ; bottom right, DAPI stain). *C*, Medial and dorsal pairs of M71 glomeruli in X-gal stained olfactory bulbs from M71–IRES–tauLacZ mice. *D*, Glomerular surface area was larger in the acetophenone + shock trained group than in the homecage group (p < 0.05). *E*, Glomerular cross-sectional area was larger in the acetophenone-trained versus the homecage mice, *p < 0.05.

cio, 2006). However, it is unknown whether the organization of the primary sensory pathway in the olfactory system, which is unique in its ongoing neurogenesis throughout an animal's life (Mackay-Sim and Kittel, 1991a,b), continues to be plastic in the adult. Thus, we used olfactory fear and appetitive conditioning in M71-LacZ transgenic mice to test the hypothesis that odorspecific alterations in the representation of the primary sensory pathway occur in a learning-dependent manner in adult animals.

Materials and Methods

Animals. Adult male M71–IRES–tauLacZ transgenic mice (Vassalli et al., 2002) maintained in mixed 129/Sv × C57BL/6 background (Jackson Laboratories) were used in all studies, except adult male C57BL/6J mice were used to test acetophenone versus propanol discrimination. Mice were housed in a temperature controlled vivarium on a 12 h light/dark cycle in standard group cages (\leq 5/cage) and were given *ad libitum* access to food and water. All experiments were performed during the light cycle and approved by Emory University Institutional Review Board following National Institutes of Health Internal Animal Care and Use Committee standards.

Fear training and testing. Fear training and testing were conducted using startle response systems (SR-LAB, San Diego Instruments), modified to deliver discrete odor stimuli as previously described (Jones et al., 2005) (Fig. 1 *A*). Odorants consisted of 10% acetophenone or 10% propanol (both from Sigma-Aldrich) in propylene glycol. Briefly, mice were habituated to the startle chambers three times (10 min per day) before training. Mice then received 2 training sessions per week for 3 weeks to ensure strong and stable odor-shock association. Each odor + shock training session consisted of 5 trials of 10 s odor conditioned stimulus

coterminating with a 0.25 s, 0.4 mA footshock, presented with an average 120 s intertrial interval (ITI) (range 90-150 s).

In Experiment 1, one group (n = 6 mice, 10)glomeruli) received odor (acetophenone) + shock pairing while a second group (n = 6 mice,10 glomeruli) remained in the home cage and received handling on training days. In Experiment 2, an acetophenone-alone no-shock group (n = 4 mice, 14 glomeruli) was added in addition to the acetophenone + shock (n = 4mice, 12 glomeruli) and homecage (n = 5 mice, 18 glomeruli). To evaluate odor discrimination between propanol and acetophenone, separate C57BL/6J wild-type mice (n = 12) were trained using the same procedure for only one session. The following day, mice were presented with either 10 acetophenone-startle trials or 10 propanol-startle trials randomly intermingled with 10 startle-alone trials and separated by 90 s ITIs. Each odor-startle trial consisted of a 10 s odor presentation coterminated with 50 ms, 105 dB noise burst. For each animal, a fearpotentiated startle score was computed by subtracting the mean of the startle-alone trials from the mean of the odor-startle trials. In Experiment 3, we compared M71-lacZ mice that received acetophenone + shock training (n = 4)mice, 13 glomeruli), propanol + shock training (n = 3 mice, 8 glomeruli), acetophenone exposure only in their home cage (n = 4 mice, 12)glomeruli), and home cage exposure alone (n =3 mice, 7 glomeruli). Mice received two training sessions per week for 3 weeks. In Experiment 4, we compared M71-lacZ mice fear trained to the same acetophenone odor-shock pairings over 3 weeks as described above (n = 5 mice, 19 glomeruli), with mice that were trained to the same number of acetophenone odor-shock pairings over 3 consecutive days (10 odor-shock pair-

ings per training session per day) (n = 6 mice, 16 glomeruli), and with home cage control mice (n = 14 mice, 51 glomeruli).

Olfactory conditioned place preference training. Conditioned place preference (CPP) apparatuses (Med Associates) each consisted of 2 conditioning chambers (black with rod floor and white with mesh floor) connected by a central chamber with vertical sliding manual doors. Using pilot mice the chamber adjustable light levels were optimized for balanced preference between black and white chambers. Fifteen photobeams recorded time spent in each compartment.

To investigate whether the M71-IRES-LacZ mice may demonstrate glomerular plasticity to appetitive learning, in Experiment 5, adult male mice were trained for cocaine CPP with acetophenone (n = 7 mice, 18 glomeruli) or without the presence of acetophenone pairing with cocaine (n = 8 mice, 26 glomeruli).

The mice received pretraining test for individual preference by placing the mouse in the neutral compartment and allowing 20 min of free access to all 3 chambers. Three days of CPP training were performed, where each day animals received one cocaine-paired session [10 mg/kg of cocaine-hydrochloride IP (Sigma) dissolved in sterile 0.9% saline] in the white chamber, and one saline vehicle-pairing session in the black chamber (distributed and alternating between 9:00 and 11:00 A.M. and 2:00 and 4:00 P.M.) for 30 min.

The day after the completion of CPP training, all mice received posttraining test (identical to pretraining test), in which animals were allowed to freely explore all three chambers for 20 min. CPP data were calculated as percent time spent on cocaine-paired chamber over the total time.

Beta-galactosidase staining. Three weeks following the onset of odorshock fear training or odor-cocaine CPP training, mice were perfused with 4% paraformaldehyde in PBS. For olfactory epithelium cell counts, the nasal cavity was placed in 0.5 $\scriptstyle\rm M$ EDTA at 4°C for 3 weeks for decalcification. Olfactory epithelium were cut at 30 $\mu\rm m$ on a Leica cryostat and mounted on 4 parallel series of slides. M71-LacZ was stained for b-gal, using 45 mg of X-gal (1 mg/ml) dissolved in 600 $\mu\rm l$ of DMSO and 45 ml of a solution of 5 mM potassium ferricyanide, 5 mM potassium ferrocyanide, and 2 mM MgCl in 1 M PBS, applied to slides and incubated overnight at 37°C.

M71 olfactory glomerular quantification. Using a microscope-mounted digital camera, high-resolution images were captured at $40 \times$ magnification of the M71-positive glomeruli. Images were converted to grayscale and equalized for background brightness. The distribution of pixel brightness was exported in Scion Image as gray levels from 0 = black to 255 = white. X-gal-labeled glomerular area was quantified as pixels, less than a set threshold gray level of 150 (optimized for axon vs background).

X-gal-labeled glomerular cross-sectional area was obtained as follows: frozen olfactory bulbs were sectioned at 30 μ m on a cryostat and mounted on 4 parallel series of slides. Microscope-mounted digital camera, high resolution images were captured of every section that contained X-gal labeled glomerulus. The largest cross-section for each glomerulus was selected for measurement. Each glomerulus was traced using the lasso tool in Photoshop and the area was recorded from the histogram tool. Glomerular cross-sectional areas were quantified as μ m² and mirrored similar quantification of glomerular area from the surface area of the bulbs. A total of 104 glomeruli were analyzed in the morphometric studies shown in Figures 1 and 2.

Olfactory epithelium cell counts. One series of LacZ-positive OSNs were restained with X-gal as above and counted on a microscope at 100× magnification only in cells in the mature layer of the entire olfactory epithelium. Approximately 1400 olfactory epithelium sections were individually counted in total. The total number of lacZ+ cells counted was divided by the number of sections analyzed to derive the average number of lacZ+ cells per section as in Figure 3*B*. A second experimenter who was fully blind to all experimental conditions confirmed the counts by sampling a lesser number of slides and applying the same criteria to count cells. Inter-rater reliability of this correlation (supplemental Fig. 2, available at www.jneurosci.org as supplemental material) was confirmed by a Pearson's correlation coefficient of 0.95 (p < 0.05).

Statistical analyses. Glomerular area and glomerular cross-sectional area were analyzed by Student's *t* test (Experiments 1 and 5) or one-way ANOVA (Experiments 2, 3, and 4). Fear potentiated startle was analyzed by one-way ANOVA with repeated measures. Olfactory sensory neuron number was analyzed by Student's *t* test, and glomerular size to olfactory sensory neuron number correlation was analyzed by linear regression. CPP was analyzed by two-way ANOVA with repeated measures (training). All ANOVA main effects or interactions were followed by Tukey *post hoc* tests.

Results

Increased M71 axon density and glomerular size with fear conditioning using acetophenone

Although olfactory fear conditioning can be accomplished in as little as one training session (Cousens and Otto, 1998; Paschall and Davis, 2002), the experimental design was to optimize the robustness and stability of any possible learning adaptations by conditioning the mice to thirty total trials of acetophenone paired with shock spread over 3 weeks (Fig. 1A). After the 3 week training period, brains were collected and stained with X-gal, to label and analyze M71 (LacZ-positive) glomeruli from the bulb surface (Fig. 1C). M71 glomerular area, quantified from the surface of the bulbs, was significantly larger in trained than in homecage mice, p < 0.05 (Fig. 1*C*,*D*). Alone, this could be the result of differences in the nature of axon paths ranging over the surface of the bulb, rather than an actual increase in axonal innervation. To address this, we quantified the cross-sectional area of each glomerulus, where glomeruli from odor-trained mice were also larger than those from homecage mice, *p < 0.05 (Fig. 1*B*,*E*).



Figure 2. M71 glomerular size increases require associative learning. *A*, Glomerular cross-sectional area was larger in the acetophenone + shock group than either the acetophenone-alone or the homecage groups; **p* < 0.01 for acetophenone + shock versus homecage; **p* < 0.05 for acetophenone + shock versus acetophenone-alone. *B*, Mice learn an odor-shock association to both propanol and acetophenone and can discriminate between the two odors, *p* < 0.001. *C*, Glomerular cross-sectional areas were greater in the acetophenone + shock versus homecage, acetophenone-alone, and propanol-shock groups; **p* < 0.05 for each group versus acetophenone + shock.

Increased glomerular size requires associative olfactory learning

It was unclear whether the increase in glomerular size was due to odor exposure alone (a nonspecific result of olfactory enrichment), or was specific to the odor-shock association. To address this, in Experiment 2, we measured M71 glomerular cross-sectional area in mice receiving acetophenone + shock pairings versus those that received acetophenone exposures alone without shocks, and homecage handled mice. Glomerular cross-sectional area was larger in the acetophenone + shock group than either the acetophenone-alone or the homecage groups ($F_{(2,43)} = 6.99$,



Figure 3. Associative learning leads to increases in olfactory sensory neuron number. *A*, Olfactory sensory neurons in the olfactory epithelium of an acetophenone + shock trained (top) and homecage mouse (bottom). *B*, More M71-LacZ+ olfactory sensory neurons were found in acetophenone-trained than homecage mice (p < 0.05). *C*, Glomerular size is positively correlated with increasing olfactory sensory neuron number (triangles, home cage; squares, acetophenone + shock; Pearson's correlation coefficient = 0.62, p < 0.05).

p < 0.01, *post hoc* Tukey tests, p < 0.01 for acetophenone + shock vs homecage, and p < 0.05 for acetophenone + shock vs acetophenone-alone) (Fig. 2*A*).

Increased glomerular size requires pairing with an M71-specific odor

It was unknown whether stress from shocks may generally increase olfactory representations, independent of the specific nature of the acetophenone-receptive pathway. Furthermore, olfactory learning may lead to overall increases in glomerular size or innervation regardless of the odorant specificity. To test these hypotheses in Experiment 3, a propanol + shock training group was added, since propanol activates areas of the bulb distinct from acetophenone (supplemental Fig. 1, available at www. ineurosci.org as supplemental material) (Johnson and Leon, 2000), and would control both for the specificity of the odorant, as well as the effect of receiving shocks not associated with acetophenone. The mice differentially learned either acetophenone + shock or propanol + shock associations (interaction: $F_{(1,22)} = 20$, p < 0.001) (Fig. 2*B*), showing that acetophenone and propanol are perceptually different to a mouse and that both can support fear conditioning. These robust discrimination training results were similar to our previous behavioral findings using acetophenone and amyl acetate (Jones et al., 2005). Following training, the acetophenone + shock trained group had larger glomerular cross-sectional areas compared with the propanol + shock, acetophenone alone, and homecage control groups $F_{(3,39)} = 9.91$, p < 0.001, post hoc Tukey tests p < 0.05 for each group versus acetophenone + shock (Fig. 2*C*).

Increased glomerular size is associated with increased number of olfactory sensory neurons

We hypothesized that increased glomerular size was due to an increase in the number of M71 receptor-expressing OSNs. To test

this, M71 OSNs (LacZ-positive) were quantified within the olfactory epithelium of acetophenone + shock trained and homecage no-odor control mice (Fig. 3*A*). The acetophenone-trained mice had a higher number of LacZ-positive OSNs than the homecage controls, p < 0.05 (Fig. 3*B*). There was also a correlation between the number of M71-specific olfactory neurons and the cross-sectional areas of M71 glomeruli in the olfactory bulb, Pearson's correlation coefficient = 0.62, $F_{(1,13)} = 7.62$, p < 0.05 (Fig. 3*C*).

Massed olfactory training results in long-lasting glomerular size increases

In Experiment 4, we investigated whether it was the number of trainings or length of the overall training period that determined the increase in glomerular area. Thus we compared 3 weeks of spaced training to the same number of acetophenone + shock pairings provided over 3 consecutive training days, followed by 2.5 weeks without intervention. Three weeks after the onset of training, glomerular area was greater in the 3 d and 3 weeks acetophenone + shock trained groups versus homecage (main effect of training: $F_{(2,83)}$

= 10.74, *p* < 0.001, *post hoc* Tukey tests, *p* < 0.05 vs homecage) (Fig. 4*A*, *B*).

Appetitive olfactory conditioned place preference results in similar glomerular size increases

Finally, we hypothesized that an alternate type of olfactorydependent emotional learning may also lead to glomerular adaptation. Experiment 5 aimed to investigate whether appetitive learning from acetophenone-cocaine paired CPP would lead to similar adaptations as the aversive fear learning described above. M71-IRES-LacZ mice were trained in the cocaine conditioned place preference task, with M71-activating acetophenone, or no odor, in the reinforced chamber. These mice learned CPP by spending more time in the cocaine paired side post-training with either no odor, or acetophenone paired with the cocaine (main effect of test, $F_{(1,13)} = 10.64$, p < 0.05, post hoc Tukey tests, p <0.05 vs pretrained), but there was no effect of odor on cocaine CPP (Fig. 4C). Thus, the odor is not directly required for the CPP behavior. Notably, 3 weeks following this appetitive learning task, the cocaine + acetophenone paired mice had increased glomerular area compared with the no odor CPP-trained mice, t test, p <0.05 (Fig. 4D). We think that it is likely that the olfactory learning occurred in parallel with the place preference learning, but that we are at a "ceiling effect" of CPP. We expect that other measures of olfactory sensitivity would show differences between the group. Overall, these data demonstrate that appetitive olfactory learning supports enhanced M71 representations within the olfactory bulb as well as aversive olfactory learning.

Discussion

In summary, we demonstrated that an M71-specific odor (acetophenone) paired with fear conditioning increased the size of M71 glomeruli. This result suggests that the primary olfactory sensory pathway in adult mice is capable of learning-dependent structural plasticity. Additionally, we confirmed that odor-exposure alone is insufficient for the increases in glomerular size, but that olfactory-dependent associative learning was necessary. We then found that the increased representation of M71 odorant receptor-specific glomeruli was due to the specific associative learning process produced by pairing acetophenone with shock, and not due to nonspecific effects of shock. Importantly, this experiment also demonstrated that odorshock associative learning with a non-M71 activating odorant (propanol) does not lead to increased M71 sensory representation within the olfactory bulb. Interestingly, analyses at the level of the olfactory epithelium indicated that the increase in M71 glomerular size was a result of increased number of M71-specific sensory neurons within the olfactory epithelium. We next determined that 3 consecutive days of olfactory dependent fear training replicated the glomerular plasticity observed over 3 weeks of training, which also suggests that the increase in glomerular area is long-lasting, remaining for at least 3 weeks following the 3 d training regimen. Therefore, we hypothesized that 3 consecutive days of CPP training would also lead

to changes in glomerular size 3 weeks later. In the final experiment, we demonstrated that long-lasting glomerular plasticity in adult mice can occur with both appetitive and aversive associative olfactory learning.

These data suggest that the olfactory system is dynamically regulated, even at the level of the primary sensory pathway, in an activity-dependent manner in adult mice. These odor-specific adaptations occur with associative learning in a way that does not depend on odor exposure alone, nonspecific odor learning, shock-stress, or handling procedures. The final experiment with cocaine-mediated CPP demonstrates that the valence of the emotional learning is unlikely the crucial factor in glomerular plasticity, but instead it is potentially the emotional salience. Finally, the data suggest that the learning-dependent changes we find in the olfactory bulb are accompanied by an increased number of odorant-specific neurons in the olfactory epithelium. Although glomerular enlargement with olfactory stimulation has been observed in developing young rats (Coopersmith and Leon, 1984; Woo et al., 1987) or in insect models (Faber et al., 1999; Sachse et al., 2007), this study is novel in the demonstration of glomerular plasticity not just following olfactory stimulation, but after olfactory-dependent associative learning, in the adult mammalian olfactory system.

Since OSNs periodically die off and are replaced, the cell number increase in the olfactory epithelium could indicate a learningdependent increase in neurogenesis of the M71 neurons. However, given that odorant receptor specificity is thought to be determined postmitotically by an irreversible stochastic process (Li et al., 2004; Shykind et al., 2004), such a selective neurogenesis would require the CNS to influence OR gene expression in immature neurons by a yet undiscovered mechanism. Alternatively, longer survival time may exist for the M71 neurons, perhaps through learning-dependent release of neurotrophins from the



Figure 4. Long-lasting glomerular changes result from aversive and appetitive learning. **A**, Dorsal and medial M71 glomeruli in X-gal stained olfactory bulbs from acetophenone + shock paired mice trained in only 3 consecutive days compared with untrained (no odor) control mice examined 2.5 weeks after training. **B**, Glomerular area was greater in the 3 d and 3 weeks acetophenone + shock trained versus the homecage mice, *p < 0.05 versus homecage. **C**, M71 mice learned cocaine CPP equally well with either no odor, or acetophenone paired with the cocaine, *p < 0.05 versus pretrained. **D**, Glomerular area was greater in mice that were CPP-trained with acetophenone paired with cocaine, versus no odor paired with cocaine, *p < 0.05.

olfactory bulb. This hypothesis seems more likely since mature OSNs have neurotrophin receptor-expressing axon projections to the OB (Roskams et al., 1996) and the connection to OB is known to be required for OSN survival (Schwob et al., 1992).

Our results may explain enhanced odorant sensitivity and increased intranasal olfactory-evoked responses to repetitive odorant exposure as has been demonstrated in mice (Wang et al., 1993), rats (Youngentob and Kent, 1995) and humans (Wang et al., 2004). These increased odor responses were seen after 23–90 d, approximately equal or longer than our own protocol. Of course, more rapid changes in odor perception might be associated with higher olfactory areas and may not require this mechanism (Li et al., 2008).

The data may also explain multiple chemical sensitivity syndrome, in which a person becomes extremely hypersensitive to certain odorants (Bell et al., 1992). This idiopathic disorder is thought to occur with aversive olfactory experience and subsequent odor sensitization. Our data suggest a hypothesis that in such patients, aversive olfactory experiences may lead to enhanced structural representation and sensitivity of specific olfactory receptor pathways at the primary sensory level. Finally this phenomenon, occurring at the primary olfactory synapse, will provide a very powerful model of adult learning-dependent plasticity, in which differential cues within the same modality can differentially modify structural representation. This approach also provides a powerful tool for examination of top-down regulation of sensory systems. For example, our group has shown that acquisition, but not expression, of olfactory-mediated fearconditioning is blocked by local infusion of NMDA antagonists into the amygdala (Walker et al., 2005). Hence, we can now test whether the primary sensory changes we have seen in the current experiments are also amygdala-dependent. If so, this would provide a striking example of how the amygdala can modulate

learning-dependent plasticity in different brain areas (McGaugh, 2004), in this case, perhaps via direct centrifugal projections to the olfactory bulb and/or via amygdala-dependent modulation of monoamine cell groups that project to the bulb.

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